NeuroStar TMS Therapy[®] *Effective. Precise. Safe.*

NE



NEUROSTAR

A proven non-drug treatment for depression





ver 350 million people worldwide suffer from depression today.¹ By the year 2030, depression is predicted to become the number one cause of disability.²

The STAR*D trial, the largest and longest study ever conducted to evaluate depression medications, demonstrates that as patients move through medication trials:

...the likelihood of achieving remission is limited and declines with each subsequent treatment^{3,4,5,6}

...discontinuation rates due to side effects rise very rapidly^{3,5}

Millions of depression sufferers are experiencing intolerable side effects from current therapies without receiving adequate benefit;

These Patients Are Looking For Effective Alternatives.

- 1. World Health Organization. Depression fact sheet No.369. http://www.who.int/mediacentre/factsheets/fs369/en/index.html. Accessed February 27, 2013.
- 2. Global Burden of Disease Report (2006) Geneva, World Health Organization.
- 3. Trivedi MH, et al. (2006). Evaluation of Outcomes with Citalopram for Depression Using Measurement-Based Care in STAR*D Implications for Clinical Practice. Am J Psychiatry 163(1):28-40.
- 4. Fava M, et. al. (2006). A Comparison of Mirtazapine and Nortriptyline Following Two Consecutive Failed Medication Treatments for Depressed Outpatients: A Star*D Report. Am J Psychiatry 163(7):1161-1172.
- 5. Rush AJ, et. al. (2006). Acute and longer-term outcomes in depressed outpatients requiring one or several treatment steps: a STAR*D report. Am J Psychiatry; 163(11):1905-1917.
- 6. McGrath PJ, et al. (2006). Tranylcypromine Versus Venlafaxine Plus Mirtazapine Following Three Failed Antidepressant Medication Trials for Depression: A STAR*D Report." Am J Psychiatry 163(9):1531-1541.

Current Practice: The Medication Treadmill

Few treatment options have been studied and approved by the FDA for use in patients who have failed to benefit from initial treatment. The STAR*D Study shows that clinical effectiveness declines and intolerance increases with each treatment failure.



Based on 2010 American Psychiatric Association (APA) Practice Guidelines for Major Depressive Disorder.¹

PROVEN Remission for your patients is possible.

NeuroStar TMS Therapy[®] is a proven effective treatment option for patients who have not benefited from antidepressant medications.



1. American Psychiatric Association (2010) (eds: Gelenberg AJ, Freeman MP, Markowitz JC, Rosenbaum JF, Thase ME, Trivedi MH, Van Rhoads RS). Practice Guidelines for the Treatment of Patients with Major Depressive Disorder, 3rd Edition.



Proven Effective Treatment

Largest Clinical Data Set of any TMS System in Depression

6 studies completed with over 800 patients

- 2 randomized controlled studies^{1,2}
- 2 open-label extensions^{3,4}
- 1 open-label post market outcomes study⁵
- 1 open-label long term durability⁶

Robust evidence demonstrates proven efficacy and safety

In a Difficult to Treat Population, there is a Clear Separation Between Active and Sham Treatment



Patient Characteristics

- Average number of antidepressant medication trials in current episode = 4 (range: 1 to 23 attempts)
- Majority of treatment attempts were unable to achieve adequate dose and duration of treatment due to intolerance
- O'Reardon JP, et al. (2007). Efficacy and safety of Transcranial Magnetic Stimulation in the acute treatment of major depression: A multisite randomized controlled trial. *Biol Psychiat* 62(11):1208-1216.
- George MS, et al. (2010). Daily Left Prefrontal Transcranial Magnetic Stimulation Therapy for Major Depressive Disorder: A Sham-Controlled Randomized Trial. Arch Gen Psychiat 67(5):507-516.
- Avery DH, et al. (2008). Transcranial Magnetic Stimulation in the acute treatment of major depressive disorder: Clinical response in an open-label extension trial. J Clin Psychiat 69(3):441-451.
- McDonald WM, Durkalski V, et al (2011), "Improving the Antidepressant Efficacy of Transcranial Magnetic Stimulation: Maximizing the Number of Stimulations and Treatment Location in Treatment-Resistant Depression. *Depress Anxiety*. Nov; 28(11):973-80.
- Carpenter LL, et al. (2012). Transcranial Magnetic Stimulation (TMS) for Major Depression: A Multisite, Naturalistic, Observational Study of Acute Treatment Outcomes in Clinical Practice. *Depress Anxiety* 29(7):587–596.
- Janicak PG, et al. (2010). Durability of clinical benefit with transcranial magnetic stimulation (TMS) in the treatment of pharmacoresistant major depression: assessment of relapse during a 6-month, multisite, open-label study. *Brain Stimul* 3(4):187-199.
- Janicak PG, et al. (2008). Transcranial Magnetic Stimulation in the treatment of major depression: A comprehensive summary of safety experience from acute exposure, extended exposure, and during reintroduction treatment. J Clin Psychiat 69(2):222-232.





Real World Outcomes

Consistent Response and Remission Rates Across a Broad Range of Treatment Resistance¹



Patient reported outcomes (PHQ-9) were consistent with physician rated outcomes

Proven Durability Across 12 Months Post Acute Treatment²



Outcomes measured for one year following end of acute treatment in open label study

- At 12 months, 68% of study population were responders, 45% were remitters
- Physician directed standard of care
- 36.2% of patients received NeuroStar TMS reintroduction (average of 16 treatments)

PHQ-9 (patient reported outcomes) analysis showed similar results

1. Carpenter LL, et al. (2012). Transcranial Magnetic Stimulation (TMS) for Major Depression: A Multisite, Naturalistic, Observational Study of Acute Treatment Outcomes in Clinical Practice. Depress Anxiety 29(7):587–596.

2. Neuronetics Inc., data on file.



⁴² center trial, mean number of medication treatment attempts in current episode = 3.6



NeuroStar TMS (Transcranial Magnetic Stimulation) uses a highly

focused pulsed magnetic field, similar in type and strength to those produced by a magnetic resonance imaging (MRI) machine, to stimulate cortical neurons.



Neuroimaging studies have documented changes in cortical metabolic activity in tissue directly stimulated by TMS and in distal networks known to be involved in mood regulation¹

The TMS process

- 1. Precise pulsed magnetic fields induce small electric currents in the prefrontal cortex of the brain
- 2. Local neurons depolarize, which leads to activation of deep brain structures via trans-synaptic pathways
- 3. Activation of these pathways in the limbic system leads to the release of neurotransmitters
- Blood flow and glucose metabolism rise in the activated regions, which is thought to result in improved mood
- 1. Kito S, et al. (2008). Changes in Regional Cerebral Blood Flow After Repetitive Transcranial Magnetic Stimulation of the Left Dorsolateral Prefrontal Cortex in Treatment-Resistant Depression. J Neuropsychiatry Clin Neurosci. 20(1):74-80.



NeuroStar® Mechanism of Action



The regions known to be involved in mood regulation are the biological targets for TMS

 Demitrack MA, Thase ME (2009). Clinical Significance of Transcranial Magnetic Stimulation (TMS) in the Treatment of Pharmacoresistant Depression: Synthesis of Recent Data. Psychopharmacol Bull 42(2):5-38.



No Systemic Side Effects

DRUG THERAPY Insomnia Blurred Dry Vision Mouth Fatigue GI Nausea Distress Weight Gain Sexual Dysfunction **OTHER ADVERSE EVENTS** Nervousness Diarrhea Weakness **Increased Appetite** Abnormal Ejaculation Dizziness Constipation Sweating Anxiety **Decreased Appetite** Tremor Impotence Headache/Migraine Drowsiness **Decreased Sexual Interest Treatment Discontinuation Side Effects**

From product labeling for currently marketed antidepressant medications; adverse events occurring at an incidence >5% incidence and 2x the rate of placebo treatment (Neuronetics, Inc, data on file)





OTH	ER ADVERSE EVENTS	5
	Evo Pain	

Toothache
Muscle Twitching
Facial Pain
Pain of Skin

Adverse events are transient, occur during TMS treatment and do not occur for most patients after the first week of treatment

In clinical trials, fewer than 5% of patients discontinued treatment with NeuroStar TMS Therapy[®] due to adverse events.

There is a rare risk of seizure associated with TMS treatment (<0.1% per acute treatment course).¹

1. Janicak PG, et al. (2008). Transcranial Magnetic Stimulation in the treatment of major depression: A comprehensive summary of safety experience from acute exposure, extended exposure, and during reintroduction treatment. J Clin Psychiatry 69(2):222-232.

